

Atlanta Center for Dermatologic Diseases Hairlaser Preparation Information

Our practice uses a Gentlelase laser, manufactured by Candela to treat unwanted hair. The procedure is FDA approved as a permanent **reduction** in hair. Typically hair laser treatments take 5-6 visits on average, scheduled every 6-8 weeks apart for approximately an 80% reduction of hair in the treated area. See price sheet for cost of the treatment per visit.

The perfect candidate for the procedure is dark hair and fair skin. The procedure will not work on white, grey, blond or red hair. Olive complexion or darker can increase the risk of discoloration of the skin, which can be permanent. A test can be done on the skin if we feel there may be a higher risk of discoloration. Do not tan areas throughout the course of the treatment. For some patients the fall may be a more optimal time of year to begin treatment.

Prior to the procedure you cannot pluck, wax, tweeze or have electrolysis done within six weeks of the treatment day. If anything is done to pull the hair out by the root, the procedure will not be successful. You are able to shave, clip or bleach hair in between visits

Do shave or clip long hair (ex. back, chest, bikini, arms, and legs) a few days before treatment. The treatment is less likely to work if the hair is too long. We do not want you to shave the day of treatment because we need some exposed hair. Short stubble is the perfect length of hair for treatment.

There is mild discomfort during the procedure. Most patients describe the sensation as rubber bands hitting the skin. We do apply numbing cream 20 minutes prior to treatment to help with the discomfort. When you check in for your appointment, remind the receptionist you need numbing cream. The nurse will get you back with the next available room for numbing.

Immediately after the procedure the skin will be pink resembling sunburn. The inflammation usually resolves within the day. Makeup can be applied the following day.

If you get herpes simplex outbreaks (coldsore) on an area to be treated, we recommend taking an antiviral prior to treatment to prevent an outbreak.

How to schedule a Hairlaser appointment

If you have read our pretreatment info, or spoken to the laser nurse or a practitioner in detail about the hairlaser procedure, you are able to schedule an appointment.

The hairlaser is located only at our Peachtree Dunwoody location (404) 252-4333.

When you call to make the appointment you must specify you would like hairlaser. If you schedule with a Physicians Assistant please make a 30 minute appt. With a M.D you will make a 20 minute appt.

If would like hairlaser for a larger area ex. legs, back, chest, or arms you must call Kellie before an appointment can be scheduled.